

## Westfield Wrestling Team 2011-12

Lettering Requirements for Westfield Wrestlers:

A wrestler must compile **77 points** in a season to earn a Varsity Letter.

Each wrestler receives 1 point for a win, default, or forfeit. A wrestler will receive an additional 2 points for every pin and an additional 1 point for a technical fall.

( e.g. wrestler pins an opponent = 3 points for that match )

Competing in the following tournaments are worth additional points:

Blue Devil Classic	3	Academic points can be earned by maintaining one of the following grade point averages for the 2 <sup>nd</sup> quarter
Sun Devil Invitational	3	
Beast of the East DE	3	
Metro Challenge	3	
Conestoga Valley PA	3	A = 10                      B = 5
Battlefield Duals	3	
Eastern States Invit. NY	3	Wrestler that makes weight for every match = 5
Viking Duals	3	
Freedom Invitational	3	Wrestler that has perfect attendance = 15
Concorde District	3	Attends every holiday practice = 5
Northern Region	5	
VA AAA State	10	Wrestler fulfills fund raising goal = 5

A wrestler that earns a top three seed in the District Tournament receives additional points. 1st = 5    2nd = 3    3rd = 1

Additional points can be earned for placing in tournaments.

	District	Regional	State	8 man	16 man	32 man
1st	10	15	25	5	10	15
2nd	7	12	20	3	7	12
3rd	5	10	18	2	5	10
4th	3	7	15	1	3	7
5th	-	5	12	-	2	5
6th	-	3	10	-	1	3
7th	-	-	-	-	-	2
8th	-	-	-	-	-	1

**A Varsity Letter may not be awarded if a wrestler fails academically or is removed from the team for any reason!**

\* Coaches Discretion - may award letter in certain circumstances where criteria was not met.

Wrestler's Signature \_\_\_\_\_

Parent's Signature \_\_\_\_\_