

2012 NORTHERN REGION WRESTLING TOURNAMENT

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Dates: Friday February 10th & Saturday February 11th, 2012

Site: Doris Torrice Field House
Hayfield Secondary
7630 Telegraph Road
Alexandria, VA 22315

Time Schedule: Friday – February 10th

	10:00 am	Scales available
	12:00 am	Weigh-in for all contestants in wrestling room
Session 1	2:00 pm	First Round Championships (4 mats)
	5:30 pm	First Round Consolation Elimination (4 mats)
Session 2	7:30 pm	Quarter-Final Championships (4 mats)
	9:00 pm	Second Round Consolations (4 mats)

Saturday – February 11th

	8:30 am	Scales available
	9:30 am	Meeting for all coaches
	10:00 am	Weigh-in for all contestants in wrestling room
Session 3	12:00 pm	Semi-finals, quarterfinals consolations (4 mats)
	2:00 pm	Semi-final consolations (4 mats) (2-2-2)
	3:00 pm	Consolation Finals (2 mats) (1-2-2)
Session 4	5:00 pm	Championship matches (1 mat)

Awards: First and Second place teams will receive trophies
Top six individuals in each weight class will receive medals
Most pins in the least amount of time
Outstanding wrestler

Team Sportsmanship Award

The consolation bouts are not included in determining individual trophy winners.

- Entries:** Each district will determine its four representatives in each of the 14 weight classes for the Regional Wrestling Tournament. Each district will determine their #1, #2, #3 and #4 seeds. Each participant must have participated in their District Tournament.
- In the event of illness of on one of its representatives, each district shall designate #5 and #6 seeds for alternates. The alternates shall take the last place represented by their district in that weight class. All other contestants shall move up in bracket position. These must be inserted prior to or at the region scratch meeting.
- Scratch Meeting:** To confirm entries, coaches must attend the scratch meeting on
- Uniforms:** Refer to the National Federation Rule Book.
- Rules Committee:** Consists of the Tournament Director, Assistant Director, Head Official and one coach, selected by the Tournament Director, from each district not involved in the dispute.
- Rules:** The tournament is used to determine the first six places, of which the first four qualify for the VHSL tournament participation. The two losers of the consolation semi-finals shall wrestle to determine 5th and 6th place. Fifth is the first alternative to the state tournament.
- Weigh-Ins:** Weigh-ins will be conducted two hours prior to the first scheduled round of wrestling in the wrestling room. All contestants for the weight class shall be present in and remain in the designated weigh-in area at the time established by meet administration. Contestants shall not leave the designated weigh-in area unless permission is granted by the meet administration. The weigh-in shall proceed through the weight class. A Contestant shall weigh-in for only one weight class during the weigh-in period. Three scales will be available. A contestant may step on and off that scale two times to allow for mechanical inconsistencies in that scale. If the contestant fails to make weight on the first scale, the contestant

shall immediately step on each available scale one time in an attempt to make weight. During time off the scale (s), activities that promote dehydration are prohibited. (NFHS Wrestling Rule Book 4-5-2)

Scoring: National Federation Rule Book

Overtime: National Federation Rule Book

Consolation Matches: Shall consist of three periods; 1st period: 1 minute, 2nd and 3rd periods will be 2 minutes in length.
In the consolation semi-finals, the 1st period will be 2 minutes in length.

Dressing Rooms: Each district will be assigned a locker room. There are no lockers available. Wrestlers should keep should keep the valuable and bags with them at all times.

Meals and Travel: Responsibility of each individual school.

Concessions: Responsibility of the host school. Proceeds go to the host school.

Hospitality Room: Available only to coaches, school officials, and Tournament personnel. No Student should be in the hospitality area.